

## **Club Meetings**

Regular club meetings are held at 7:30 pm, the 2nd Tuesday of each month, March through October at the May Bennett Wellness Center, 135 Davie Road, Kelowna, BC (corner of Highway 33 and Davie Road).

## **Training & Education**

Our education program offers numerous training opportunities to members via pool sessions, camps and courses planned throughout the year. Contact: George Dimion kckceducation@gmail.com

## **KCKC Library**

KCKC has a very comprehensive library available to all members. We have a large selection of books, DVDs and charts relating to kayaking and canoeing. Contact: Sharon Gurney kckclibrary@gmail.com

## **Paddle Responsibly**

- always wear your life jacket or PFD
- dress for weather conditions and be prepared for cold water immersion
- never paddle alone
- take a canoe or kayak safety course
- practise the wet exit
- stay with your group

#### Annual Memberships (April 1 to March 31) Single \$30 (\$25 on/before March 8, 2016) Family \$50 (\$40 on/before March 8, 2016) For more information: www.kckc.ca Contact: kckcmembership@gmail.com Applications can be mailed to: Kelowna Canoe & Kayak Club Kelowna Retail Centre Box 2272, Kelowna, BC V1X 4K6



# 2016 Executive

President	Paul Stephenson kckcpresident@gmail.com
Vice-President	Peter Dieleman kckcvicepresident@gmail.com
Secretary	Sandra Hobbs kckcsecretary@gmail.com
Treasurer	David Fowler kckctreasurer@gmail.com
Membership	kckcmembership@gmail.com
Education	George Dimion kckceducation@gmail.com
Events	Shirley Regan kckcevents@gmail.com
Web Master	Rob Conzatti kckcwebmaster@gmail.com
Library	Sharon Gurney kckclibrary@gmail.com
Meetings	Shirley Regan kckcmeetings@gmail.com
Directors at Large	



# Member Information 2016

# Meetings Training & Education Library Contacts Membership discounts apply on or before March 8, 2016

www.kckc.ca

#### **Official Club Guidelines:**

- three boats are required for an official club trip
- all participants must have signed the club waiver
- participants on club trips automatically assume basic responsibility to the group and are responsible for their own safety and well-being

#### The Club Requires:

• life jackets or **PFDs MUST** be worn properly at all times on the water

### The Coast Guard Requires:

- one Canadian approved life jacket or PFD per person
- a buoyant heaving line of at least 15m (50 ft)
- one paddle
- one hand-held bailer or manual pump
- a sound signaling device (horn or whistle)
- navigation lights (between sundown & sunrise)

#### For Longer Trips We Suggest You Carry The Following:

- water and food sufficient for the time planned
- a spray skirt
- a change of clothing in a waterproof bag
- a compass and a knife or multi-tool
- a spare paddle
- waterproof matches (or equivalent) and fire starter

## **Group Paddles & Activities**



Group paddles are scheduled throughout the spring, summer and early fall, launching from various locations throughout the Okanagan:

- Wednesday evenings
- Saturday Club paddles (monthly)
- Member organized paddles
- Skills practice sessions
- New Year's Day

## **Education & Club Events**

Club events take place throughout our paddling season. Join in the fun...paddling, campouts, education, potluck socials....at various locations throughout the Okanagan.



- Bear Creek season opener
- Education Weekend Campout
- Salmon Arm
- Beginner to more advanced instruction
- Rolling seminars
- Safety/rescue instruction and practice

## **Monthly Club Meetings**

Socialize, share trip/paddling experiences, learn about upcoming events, borrow library materials, swap gear, listen to informative guest speakers

Some topics being covered at our monthly meetings:

- paddle destinations
- paddling gear demos
- racks and carry system options
- tarps and knots demos
- cold water gear

